

food, glorious food!

term 1, 2007

Enjoy summer with our celebration of all things food. For your palate, we offer a tasty selection of picture books and novels, and some literary tastes. Some of the books may not be in print, however they are worth trying to find second hand, at your local library, or through the National Library's School Services.

Contributors to this list are: Kerry Aluf, Sanya Baker, Joanne Baynes, Helen Beckingsale, Crissi Blair, Anne Coppell, Lois Huston, Wayne Mills and Rosemary Tisdall.

Picture books

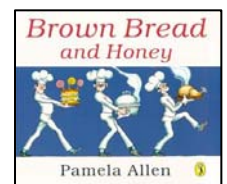
Brown Bread and Honey

Pamela Allen

Penguin 2001

Hb ISBN 0670896853; Pb ISBN 0140568255

A picture book about the perils of over eating. A greedy king sacks his cooks because he feels so sick from eating too much. He is befriended by a stable boy who shares his wholesome lunch of brown bread and honey. For ages 3-6. HB



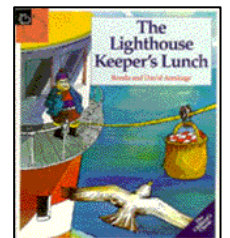
The Lighthouse Keeper's Lunch

Ronda and David Armitage

Scholastic 1995 (first published Deutsch 1977)

ISBN 0590551752

This book introduces us to Mr Grinling, the lighthouse keeper. Every day Mrs Grinling makes her husband a delicious lunch and sends it off to him using a special pulley system. But every day his lunch is threatened by seagulls. So he has to find some way of making a seagull-proof delivery system. Mr and Mrs Grinling have subsequently appeared in many titles, quite a few feature food. 3+ years. AC



Cloudy With a Chance of Meatballs

Judi Barrett, ill. Ron Barrett

Aladdin 1982

ISBN 0689707495

The town called Chewandswallow had no food stores at all, not a single one. All the food came from the sky. It rained things like milk, juice or soup. It snowed mashed potatoes and peas and it blew in storms of hamburgers or frankfurters. But, just as global warming is affecting us now, something began playing havoc with Chewandswallow's weather. The townspeople didn't know what to do when the weather one day was only Brussels sprouts, peanut butter and mayonnaise and the next, pea soup fog. Soon the buildings were being damaged by terrible storms of giant meatballs and tomato tornadoes. The decision to abandon Chewandswallow was made, but how would they escape? Excellent read-aloud for 4 to 8-year olds. JB



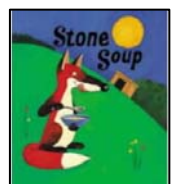
Stone Soup

Tony Bonning, ill. Sally Hobson

Koala Books 2001

ISBN 1862334366

There are many different versions of this traditional tale but the message is the same in all of them. If everyone contributes what little they have all will have enough to eat, and it is possible to get soup from a stone (or a nail in some versions). 3 years+. HB



The Big Block of Chocolate
Janet Slater Bottin, ill. Jeffy James
Scholastic 2003
ISBN 1869435656



This repetitive rhyming story of how a big block of chocolate is discovered, first by Miss Jenny, and then by a series of animals all of whom want to keep it all for themselves, is a favourite with New Zealand children. It was originally published in 1985 with illustrations by Christine Dale. *The Fizzy Orange Soft Drink* by the same author and illustrator follows a similar pattern. 3 years+. HB

Pancakes, Pancakes!

Eric Carle
Aladdin Paperbacks 2005 (first published Simon & Schuster 1990)
Hb ISBN 0689878338

Jack wants pancakes for breakfast but first he has to help gather the supplies needed. Flour means that Jack is out cutting wheat to take to the mill and then there are eggs, milk and butter, and jam. A wonderful introduction to how food is made. 4 years+. AC

Walter the Baker

Eric Carle
Simon & Schuster 1995
Hb ISBN 0689800789



Carle's take on the invention of the pretzel is an entertaining story about Walter, the most popular baker in his town. Walter makes the best and sweetest rolls in the whole Duchy, until one day there is a mishap with spilt milk and he is forced to substitute water. This upsets the refined tastes of the Duke and Duchess, causing the Duke to enforce a harsh ultimatum – Walter must make a roll that the sun can shine through three times or he will be banished from the Duchy forever. Walter tries his hardest to do just that. 4 years+. KA

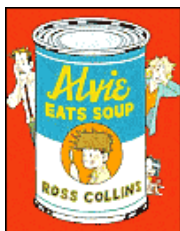
I Will Not Ever Never Eat a Tomato

Lauren Child
Orchard 2000
Hb ISBN 1841213977; Pb ISBN 184121602X
Winner of the Kate Greenaway Medal.

Charlie's little sister Lola is a very fussy eater so Charlie has to come up with inventive ways to encourage her. *Oh you think these are carrots. These are not carrots. These are orange twiglets from Jupiter.* 4 years+. AC

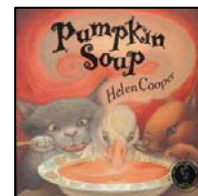
Alvie Eats Soup

Ross Collins
Arthur A. Levine Books 2002
Hb ISBN 0439272602



Alvie only eats soup, which is a big problem when his granny, a world-famous chef, comes to visit. No matter what his parents try, it's soup for Alvie but they're all surprised by what Granny eats! The illustrations are bright, and the dialogue is in speech bubbles. 3 years+. AC

Pumpkin Soup
Helen Cooper
Picture Corgi 1999
ISBN 0552545104



This Kate Greenaway Medal winner is a delicious story of culinary camaraderie. Cat, Squirrel and Duck live together in an old white cabin deep in the woods. They each have their own job to do in making their evening pumpkin soup and playing their night-time music and then they all snuggle in under the quilt they made together. When Duck decides to try out someone else's job for size, will this be the end of a beautiful friendship? Highly recommended for 4 years+. SB

Pudding

Joy Cowley, ill. Fraser Williamson
Scholastic 2001
ISBN 1869434412

Captain Edwina Bear and Patrick Duck are searching for pudding but it seems that the pudding pirates have stolen all the puddings in the Story universe and hidden them on Party Island. Just as they fight their way to the island they are recalled to the other world by the screams of a child who will not have his bath without his duck. 4 years+. HB

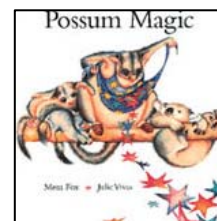
Mr Wolf's Pancakes

Jan Fearnley
Methuen Children's Books 1999
ISBN 0749735597

Mr Wolf wants to make some delicious pancakes but wolves don't read, count or write very well so he asks his neighbours for help, but they won't. So Mr Wolf does it all, all by himself – slowly. When the delicious smell of the pancakes drifts out, all of Mr Wolf's neighbours want to help him eat them. Mr Wolf is always polite – so he invites them in... A fun read with a great twist. 3 years+. AC

Possum Magic

Mem Fox, ill. Julie Vivas
Scholastic 2004 21st birthday edition
(first published 1983)
ISBN 1862915652



Grandma Poss made Hush invisible – but now Hush wants to be visible again and Grandma Poss can't find the right magic. Their search for the right human food takes them around Australia eating classic Australian food – most of which should be familiar with New Zealand children, too. Lamingtons in Hobart, Minties in Melbourne, Vegemite sandwich in Darwin, Anzac biscuits in Adelaide. A classic for 3 years+. AC

Too Many Pears!

Jackie French, ill. Bruce Whatley
Koala Books 2003
ISBN 0864614608

Pamela, the cow, loves pears – anytime, anywhere, anyhow. No matter what the family do, Pamela always manages to get to the pears. Until Amy comes up with a brilliant solution... 4 years+ AC

Dog Food

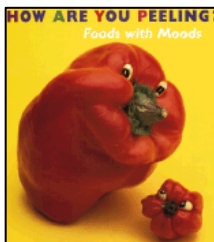
Saxton Freymann & Joost Elffers
Scholastic Press 2002
ISBN 0439110165

Dog food is a photographic picture book. Very humorous, it depicts fruit and vegetables which have been peeled and arranged to look like dogs, or illustrate dog related sayings. For example: 'working like a dog'... How anyone can use mushrooms, green peppers and rhubarb to create a dog working on a computer is beyond me, but they do it amazing well. This book has very few words, but is good for lateral thinking, story starters, or just plain honest enjoyment. For all ages. LH

How Are You Peeling? Foods with Moods

Saxton Freymann & Joost Elffers
Scholastic Press 1999
Hb ISBN 0439104319

Ever seen a tomato smile? Or a capsicum frown? Sculptures created out of vegetables and fruit form some delightful photos of expressions of different moods. Minimal text, as the pictures speak for themselves! All natural products used by the creators. Look out for *Food for Thought* – shapes, colours, numbers, letters, and opposites using the same technique (ISBN 0439110181). For all ages. RT



Coming to Tea

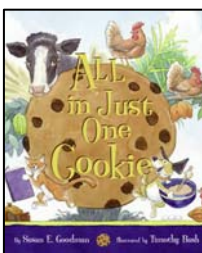
Sarah Garland
Bodley Head 1985
ISBN 0140553991

Loose colourful illustrations depict an ordinary family made up of the mother, two children and a dog. There are several in the series celebrating everyday life. The neighbours come through the hedge to have a tea-party in the back garden with lots of home-made treats. Things become more chaotic when the rain falls and they have to retreat inside. Delightful, friendly family fun. For 1 to 6 year-olds. CB

All in Just One Cookie

Susan El Goodman, ill. Timothy Bush
Greenwillow Books 2006
Hb ISBN 0060090928

Grandma is making a batch of chocolate chip cookies with the help of her dog and cat who find out all about where the ingredients come from and how they are made. Measurements are American (a stick of butter weighs 125g) but ingredients are international and the cookies are delicious! Lively illustrations keep the child's attention while learning lots about food from all around the world. 5 years+. CB



Orange Pear Apple Bear

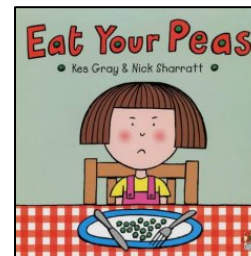
Emily Gravett
Macmillan 2006
Hb ISBN 1405050802

A delicious treasure - a very simple picture book with limited text and loose watercolour illustrations depicting a generous bodied, flowing bear delighting in his delicious fruit - the shape and colour of the fruit echoed in his body, the pear-shaped credits and the endpapers. Perfect to share with baby to 4 year olds. CB

Eat Your Peas

Kes Gray, ill. Nick Sharratt
Random House 2001
ISBN 0099404672

It's dinner time and Daisy has to face the *little green balls that were ganging up on her plate*. Daisy doesn't like peas so her mother tries bribes, which get more and more outrageous. As Daisy gets more adamant, the illustrations zoom in on her face so that it fills more and more of the page until it takes up the whole page. A great read aloud for 3 years+. AC



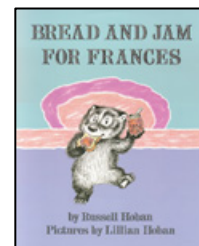
Biscuit Bear

Mini Grey
Jonathan Cape 2004; Red Fox 2005
Hb ISBN 0224064967; Red Fox Pb ISBN 0099451085
Horace and his mum make a biscuit bear – and Horace wants to eat it NOW but he has to wait ... In the end he sleeps with the bear on his pillow. That's when the fun starts as Biscuit Bear makes some friends, starts a circus, and escapes from Bongo the Dog. Biscuit Bear then goes searching for somewhere that is safe for a biscuit. Grey's illustrations and text perfectly convey the chaos of having a toddler in the kitchen – and a biscuit bear, and a biscuit-eating dog. 3 years+. AC

Bread and Jam for Frances

Russell Hoban, ill. Lillian Hoban
First published by Harper and Row 1964
(Available in many editions)
ISBN 0060223596

Frances the little badger has been a favourite with parents and children for many years. In this book Frances decides she will eat nothing but bread and jam but when her parents decide to play along, and serve up bread and jam meal after meal, she soon decides that she will eat what everyone else is eating. A great read aloud for 4+ years. HB



Desert Dessert

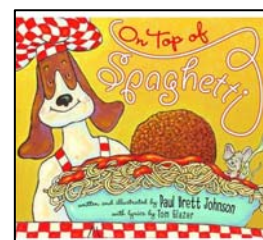
Perrin Hopkins, ill. Jenna Packer
Scholastic 2001
Hb ISBN 1869434471

The animals in the desert are bored with plain old water from the waterhole to drink. They each take it in turns to add a new ingredient which they purchase from the conveniently located shop! They create a delicious desert dessert. Delightful use of language makes for a wonderful read aloud: *fluffy puffy whipped cream, wibbly wobbly jungle jelly*. For ages 3 and over, and I have used it very successfully with classes up to Year 6 because of the fun use of language, rhythm and alliteration. RT

On Top of Spaghetti

Paul Brett Johnson
Scholastic Press 2006
ISBN 0439749441

The well-loved campfire song is here brought to life in vivid colour. The original music and words are incorporated into the story of what



happened to Yodeller Jones's Spaghetti Emporium & Musicale when a fried fritter fricassee parlour opened next door. Fun for young and old. JB

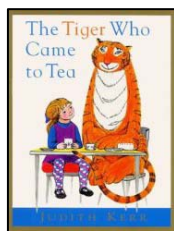
The Tiger Who Came to Tea

Judith Kerr

Collins 1968; Picture Lions 1998

ISBN 0006640613

A large tiger invites himself to tea at Sophie's house, but not content with what is being offered, he eats all the food and drinks all the water in the house. This is an old favourite from the author/illustrator of the Mog books. 3 years+. HB



No More Biscuits!: A Florence and Arnold Story

Paeony Lewis, ill. Brita Granstrom

The Chicken House 2005

Hb ISBN 1903434920

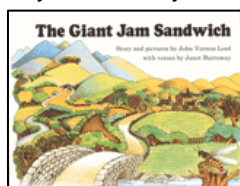
Florence and her toy monkey Arnold love to eat biscuits but her mum says she's a biscuit monster and now the biscuit tin is empty. So there will be no more biscuits for a week, and despite Florence's most imaginative efforts to convince her mum, she just won't budge. Finally Mum suggests they make Magic Monkey Bananas. A delightful story that will appeal to 3 years+. KA

The Giant Jam Sandwich

John Vernon Lord and Janet Burroway

First published in 1972, available in many editions by different publishers

The classic tale of four million wasps invading Itching Down and the way the villagers vanquished the pests – by trapping them in a giant jam sandwich. It still reads aloud well, and is worth revisiting. 3 years+. AC



A Busy Day for a Good Grandmother

Margaret Mahy, ill. Margaret Chamberlain

Hamish Hamilton 1993; Puffin 1995

Hb ISBN 0241134099; Pb ISBN 0140502270

Mrs Oberon is off to the rescue of a teething grandchild who needs a slice of soothing cock-a-hoop honey cake. In her backpack she also has butcher-bean rissoles (to repel the alligators in the Swagswallow Swamp) and healthy but heavy carrot muffins to weigh down attacking vultures. Great fun for able readers or to read to ages 4+. HB

Jam: A True Story

Margaret Mahy, ill. Helen Craig

Puffin Books 1996 (first published Dent 1985)

ISBN 0140556176

Mrs Cottage gets an important job, leaving the little Castles in the care of Mr Castle. Mr Castle has a unique style of housekeeping that finds its extreme in the jam he makes from the plums which fall off their tree. He makes so much jam that he runs out of pots. There is so much jam that the family start having nightmares about it. Finally, one morning there is no jam left... just in time for the plums to be ripe again. 4 years+. AC

Simply Delicious!

Margaret Mahy, ill. Jonathan Allen

Frances Lincoln Publishers 2000

ISBN 0711214417

Mr Minky buys a *double-dip-chocolate-chip-and-cherry ice cream with rainbow twinkles and chopped nut sprinkles*. Now he has to get it home for his boy – over the *lumpy-bumpy track* and past all the animals and birds who want a taste. Another rollicking Mahy picture book. 4 years+. AC

The Witch in the Cherry Tree

Margaret Mahy, ill. Jenny Williams

Pub Puffin Group 1987

ISBN 0140554262

While David's mother is baking cakes, he keeps an eye on a witch who sits in the cherry tree, determined to get the cakes. He is very smart and knows how to handle wily witches! 3 years+. RT

Yuck!

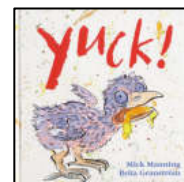
Mick Manning & Brita Granström

Frances Lincoln 2005

ISBN 1845074238

What's for supper? This baby eats a worm. A wriggly worm, tugged out of the lawn? That's not our baby's supper!

YUCK! Thus begins this fun introduction to the food of different animals. It also shows that taste is a matter of opinion – as all the other baby animals think our baby's supper of milk is yuck! Great fun to read aloud to 2+ years (with strong stomachs). AC



Angel Breath

Glenda Millard, ill. Dee Huxley

ABC Books 2005

Hb ISBN 0733314899

Pierre, a poor farmer, dreams of the day when his pig Jean-Jacques will find a bag full of truffles – thus making his fortune. Pierre has heard that truffles smell like angel breath and one day, deep in the forest, Jean-Jacques smells something divine. Could it be the longed for truffles? Or something even better. 5 years+ AC

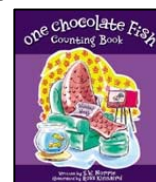
One Chocolate Fish

SW Norrie, ill. Ross Kinnaird

Reed Books 2002

ISBN 1869487958

A counting book of favourite New Zealand foods – hokey pokey ice cream, whitebait fritters, kiwifruit, L&P, kumara chips, etc. Fun for all ages. RT



In the Night Kitchen

Maurice Sendak

First published Harper & Row 1970

(Available in many editions)

Mickey, all tucked and pyjama-ed, is having trouble sleeping. What's all the thumping, the clumping and lumping? *Quiet down there!* he yells, and thus begins his adventure in the night kitchen from which he wakes a hero. First published in 1970, this Caldecott Honor Book remains a fresh take on dreams and imagination. 4 years+. SB

Don't Put Your Finger in the Jelly, Nelly

Nick Sharrat

Scholastic 2006 edition

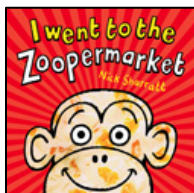
ISBN 9780439950626

You might upset a jelli-phant! Anticipate the consequence of putting your finger through the tiny diecut hole as each page is turned. Come face to face with an alligator, a choctopus, even a spag-yeti. This vibrant book is irresistible. 2 years+. KA

I Went to the Zoopermarket

Nick Sharratt
Scholastic 2006 edition
ISBN 9780439950633

A trip to the zoopermarket is a wild experience. Temptation abounds from the roarseberry ripple ice-cream, ape-ricot yoghurt to the crocolate drops – that is until you lift the flap and see what is lurking inside the packaging. A bright, bold toddler-friendly book. KA



Wombat Stew

Marcia K. Vaughan, ill. Pamela Lofts
Scholastic Australia 2005 21st Birthday edition (first published 1984)
ISBN 1865046612

A dingo captures a wombat intending to turn him into a meal and receives lots of suggestions from other animals as to what is needed to make a perfect stew. Having added such delights as billabong mud, feathers and creepy crawlies the dingo tastes the stew and dashes away into the bush howling of poison. 3 years+. HB

The Elephant and the Bad Baby

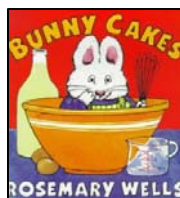
Elfrida Vipont, ill. Raymond Briggs
Hamish Hamilton 1969; Puffin 1971
ISBN 0140500480

The elephant offers the bad baby a ride and proceeds to help himself to all sorts of good things to eat for both of them. They are hotly pursued by all the shopkeepers and stallholders until the elephant realises that the baby *never once said please* and stops abruptly. The story ends happily with the baby's mother making pancakes for everyone. The repetitive text makes this a great read aloud for ages 3+. HB

Bunny Cakes

Rosemary Wells
Picture Corgi Books 1998
ISBN 0552545821

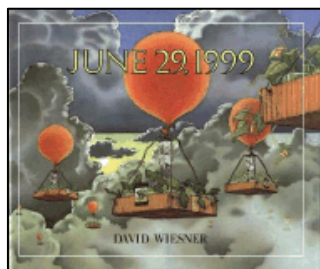
Max wants to make an earthworm cake for grandma's birthday but Ruby, his sister, suggests an Angel Surprise cake with raspberry fluff icing would be better. She sends Max to the shop several times to buy things on the list. He really wants to add Red Hot Marshmallow Squirters to the top of the cake but he can't write so he tries several ways to make the shop assistant provide them when he reads Ruby's list. Recommended for ages 4–7. RT



June 29, 1999

David Wiesner
Clarion 1992
Hb ISBN 0395597625

On May 18, New Jersey school girl Holly Evans reports to her science class an experiment she has launched to test the effects of extra-terrestrial conditions on vegetable seedlings. On June 29 gigantic vegetables begin to fill the skies and float gently down. Could the giant specimens feeding the continent be Holly's results? David Wiesner is a visual storyteller par excellence. Recommended for school age children to adult. SB



The Midnight Feast

Margaret Wild, ill. Ann James
ABC Books 1999
Hb ISBN 0733306489; Pb ISBN 0733307892

Cheeky babies creep out of their houses at night to meet for a midnight feast. Two gangs meet up but it turns into a real party as they wiggle with the enormous *jiggly joggly jelly!* 3 years+. RT

The Rascally Cake

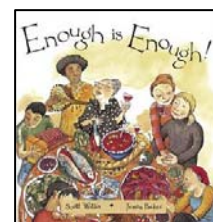
Jeanne Willis, ill. Korcky Paul
Puffin Books 1997
ISBN 0140554726

A disgusting tale about revolting Rufus Skumskins O'Parsley and his incredibly gruesome eating habits. One day Rufus decides to make an extra special cake but look out Rufus – this rascally ghastrly cake has come alive and wants to eat you!! Great to read aloud and Korcky Paul's illustrations are spot on for this surreal adventure. 4 years+. KA

Enough is Enough!

Scott Willis, ill. Jenna Packer
Scholastic 2003
Hb ISBN 1865045764

Zoe, Henry and their fantastic feline Balthus have just shifted to a new home in a new city in a new country (with a new language). On their first day, Zoe goes off to work, while Henry and Balthus go out to buy some groceries, see the sights and make some friends; with riotous results! For ages 5 to 8. SB



The Little Mouse, the Ripe Red Strawberry and the Big Hungry Bear

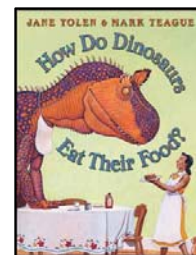
Don & Audrey Wood
Pub Child's Play (International) Ltd 1984
Hb ISBN 0859531821; Pb ISBN 0859530124

A little mouse is determined to pick and eat a huge strawberry before the big hungry bear comes to get it. 3 years+. RT

How Do Dinosaurs Eat Their Food?

Jane Yolen, ill. Mark Teague
Blue Sky Press 2005
Hb ISBN 0439241022

A fun introduction to manners for little dinosaurs everywhere. The illustrations are bright, with a 50s-retro feel, and Yolen's rhyme scans brilliantly. The pair have teamed up on other dinosaur books. 3 years+. AC



Let's Eat!

Ana Zamorano, ill. Julie Vivas
Omnibus Books 1996
ISBN 1862912769

Every day at two o'clock our family eats together in the kitchen... This extended family of seven enjoy this time together. Each day there's a different meal and every day someone is missing. The big day is Saturday when Mamá is missing – because she's in hospital having a baby! A bright and colourful introduction to Spanish food – and a celebration of family. 4 years+. AC

Junior fiction (ages 7-12)

The Search for Delicious

Natalie Babbitt

Farrar Straus and Giroux 1991 (first published 1969)
ISBN 0374465363

This classic fantasy, by the author of *Tuck Everlasting*, tells the story of a small kingdom where the Prime Minister is compiling a dictionary and seeks a food which will define the word 'delicious'. When no-one can agree, his adopted son Gaylen is sent to poll the citizens and discovers that the country is on the brink of war over the issue.

This thought-provoking and humorous book would be a great read aloud for ages 10+. HB

Janie Olive: A Recipe for Disaster

Fifi Colston

Scholastic 2005
ISBN 1869436776

Janie thinks she can do better than mum's cooking and is foolish enough to say so. Having failed to produce something edible at cooking class Janie buys a frozen dinner and presents it as her own. Her success leads to the need for more deception culminating in Janie's appearance on a TV cookery show. A humorous story for 9 years+. HB



What's Cooking, Alex? [Alexandra the Great, book 1]

Yvonne Coppard, ill. Jan McCafferty

Puffin 2004
ISBN 0141318023

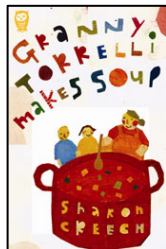
10-year-old Alex wants to be a famous cook and when celebrity chef Will Masters comes to her school she sees her chance. Add in Alex's mum, a Will Masters fan, their dog Bear, the very annoying Pearl and her mother Amber (ex-model and celebrity caterer) and you have a recipe for chaos. A fun read for 6 to 8-year olds. AC

Granny Torelli Makes Soup

Sharon Creech

Bloomsbury Publishing 2004 (first published HarperCollins 2004)
ISBN 074756468X

Rosie's grandmother, Granny Torelli, teaches Rosie about cooking and life. She always seems to have had a life experience perfectly relevant to whatever is going on in Rosie's life – particularly with her friendship with Bailey, her neighbour. For this Italian-American family, life really is lived in the kitchen. 7 years+. AC



The Tuckshop Kid

Pat Flynn, ill. Tom Jellett

University of Queensland Press 2006
ISBN 0702235679

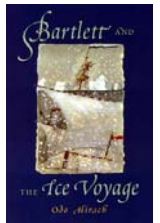
Matt is the biggest boy at his school. He also loves food. The two seem to go together. The one thing that Matt is really good at is working out what can be bought at the school tuckshop for the money you've got. His mental calculations are speedy and always accurate. It's a shame that maths ability isn't carried into the classroom! Matt has no friends, only food, and is the butt of many jokes. When the threat of diabetes looms on the horizon both Matt and his mum have to make decisions. For 9 to 12-year olds. JB

Bartlett and the Ice Voyage

Odo Hirsch

Allen & Unwin 1998
ISBN 9781864488357

Bartlett and his friend Jacques le Grand voyage to find the rare and delicate melidrop – all to please the queen, who is bored with other food. An adventure yarn for 7 years+. AC



Think Smart, Hazel Green!

Odo Hirsch

Allen and Unwin 2003
ISBN 1741141109

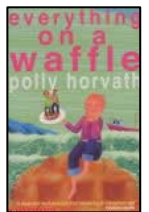
Mr Volio's bakery makes the best chocolate dippers, cherry flingers, vanilla slappers, cream canoopers and perfect, perfect caramel crunches that Hazel Green's money can buy. So when Mr Volio is asked to leave by his mysterious new landlord, Hazel and her friends have to think hard to find a way to keep their beloved baker in the building. For ages 9-12. SB

Everything on a Waffle

Polly Horvath

Scholastic 2003
ISBN 0439982898

Primrose's parents have both been lost in a storm at sea but she KNOWS her parents are trying to get home to her. In the meantime, she remembers foods her mother made, and collects recipes from the people around her (which are included). A quirky read for 7 years+. AC



Dog Boy

John Larkin, ill. Heath McKenzie

Hodder 2004
ISBN 0733618359

Mealtimes at Harry's home are becoming very stressful as his parents try to get him to eat more because he's too thin. Harry doesn't want to eat and devises a clever scheme by which his dog, Munchie, helps him out. The problem is that Munchie begins putting on weight at an alarming rate and Harry resorts to eating Munchie's dogfood to stop him getting too fat. But when Harry starts chasing buses and using his feet to scratch his ear he knows there's a problem. For 9-11 years. JB

Bootleg

Alex Shearer

Macmillan Books 2003
ISBN 033041562X

The setting is Britain, the time is slightly in the future. As a result of voter apathy a new political party has slipped into power – The Good For You Party. The party's major stance is the abolition of chocolate. Two young teenagers, Smudger and Huntly, attempt to subvert the law by bootlegging chocolate. The penalty, if caught by the Chocolate Troopers, is severe, as witnessed by what happened to Dave Cheng. The revolution, though, was sweet. 10 years+. WM



Senior fiction (ages 12+)

Hope was Here

Joan Bauer
Puffin 2000
ISBN 0698119517

Sixteen-year-old Hope is a waitress who takes pride in making people happy with good food and her aunt Addie is a superb cook. When they move to Wisconsin they become involved with a campaign to oust the town's corrupt mayor but the subject of food and the success of the diner are always there, underpinning the rest of the plot. Hope is a believable heroine and teenage girls will enjoy this book. A Newbery Honor Book. HB

Augustine's Lunch

Laura Budd
Allan & Unwin 2001
ISBN 1865084298

Gus is being bullied by Steve because of his love of cooking – not a manly pursuit. Gus' best friends are avoiding him, so that they don't get bullied too. On top of that, there's his brother's determination to win Gus' object of desire – Trinity. And Brother Nicholas puts Steve and Gus in the same tent during the school camp. A fun easy read. AC



The Chocolate War

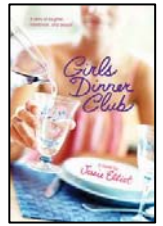
Robert Cormier
First published by Victor Gollancz 1974
Available in many editions

This novel, a landmark in young adult literature, appears ostensibly to be about the selling of chocolates in an American Catholic boys' school. However it is a more sinister account of adolescent cruelty. It tells how one individual, Jerry Renault, refused to sell chocolates for either the school bullies or the evil Brother Leon. It was made into a movie in 1988 and it inspired a sequel, *Beyond the Chocolate War*, published in 1985. WM

Girls Dinner Club

Jessie Elliot
HarperCollins 2006
Hb ISBN 0060595396

Celia, Junie and Danielle begin a dinner club, getting together at each other's houses and making a meal together. They are there through each other's heartbreaks and family changes. AC



Fat Boy Swim

Catherine Forde
Egmont Books 2003
ISBN 1405202394

Jimmy Kelly is the victim of ridicule and abuse because of his size. And, because of his size, he keeps his talent very secret – Jimmy can cook like a dream. The arrival of the Coach (aka GI Joe) changes Jimmy's life in more ways than one – his body shape, ambitions and long-held family secrets are revealed. A novel firmly based in Glasgow. AC

Angel: Disasters, Diets and D-cups [Angel, book 1]

Cherry Whytock
Piccadilly 2003
ISBN 1853407623

Published in the US as: *My Cup Runneth Over: The Life of Angelica Cookson Potts*; Simon & Schuster 2003; ISBN 0689865465 (reprint edition 0689865511)
Angel's mother is a former model, her dad is Potty (by name and nature) and she loves food! She's convinced her size-16 figure is the reason the gorgeous Adam hasn't noticed her. No matter how much her friends and family say she's perfect as she is, Angel is determined to start her Life Changes plan. AC

Poetry, non-fiction and recipe books

Never Take a Pig to Lunch and Other Poems about the Fun of Eating

Selected & illustrated Nadine Bernard Westcott
Orchard Books 1995
Hb ISBN 1852139447

Divided into four thematic sections (eating silly things, eating foods we like, eating too much and manners at the table) this is a riotous romp. Poets include Ogden Nash, Spike Milligan, Jack Prelutsky, and the very prolific Anonymous. 6 years+. AC

Real Keen, Baked Bean!: A Fourth Collection of Australian Children's Chants and Rhymes

Compiled by June Factor, ill. Annie Marshall
Hodder & Stoughton 1989
ISBN 0340509945

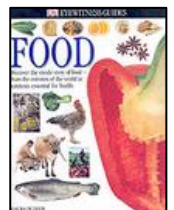
A great series with brilliant food-based titles, with an assorted content made up of children's favourite playground rhymes, chants and variations on well-known nursery rhymes. Much of the collection has been supplied to the author by children who have read earlier books and sent in their own favourites.

Entertaining and easy to enjoy, the rhymes will spark new creations and beg to be shared. Other titles in the series include: *All Right, Vegemite!*; *Far Out, Brussel Sprout*; *Unreal, Banana Peel* and *Roll Over, Pavlova*. 7 years+. CB

DK Eyewitness Guides: Food

Laura Buller
Dorling Kindersley 2005
Hb ISBN 1405308338

Another in the excellent DK Eyewitness series. Loaded with photographs and a vast amount of information provided in bite-size pieces. Facts about what food is – chemicals, calories, carbohydrates and more; how to choose food that is good for you; what your body does with the food you eat; our attitudes towards food including eating disorders and food miles; a bit about cooking and different cuisines from around the world. A glossary and index completes this excellent resource. 8 years+. CB



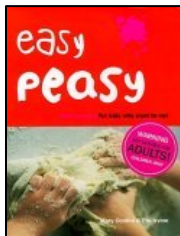
Easy Peasy: Real Cooking for Kids who Want to Eat

Mary Contini & Pru Irvine

Ebury Press 1999

Hb ISBN 0091868408

Most of us are familiar with the effort to respond positively to our children's first efforts alone in the kitchen. The great thing about this cookbook is that not only are the recipes within reach for young chefs, they actually produce edible, even pleasing, results! The book is nicely presented, with enough colour photographs to inspire the readers, and sufficient silly names to give younger children a giggle. The warning on the cover: *Not suitable for Adults! Children only*, was a knock-out in our family. Recommended for children aged 8-12. SB



The Teenager's Survival Cookbook

Jake Farriss

Pan Macmillan Australia 2003

ISBN 0330364448

A small square book containing some good square meals. Begun as a Year 8 school project this is a great collection of reasonably simple but tempting teen-friendly food. Soft-focus photographs of smiling teens add to the friendly feel but there are no photos of the actual recipes. 12 years and over, or younger with adult help. CB

Cooking up a Storm

Sam Stern with Susan Stern

Walker 2005

ISBN 1844287742

If this trendy little item can't get your teenage boys in the kitchen, I don't know what will. The book is divided into sections containing food for different situations sure to appeal to the teen in your life: school recovery, evening chill-out, impress the girls, mates 'round, exam survival. The design is excellent with loads of colour photos, not just of food but of Sam and his mates and family enjoying

preparing and eating it; and break-out boxes containing variations or notes on recipes and ingredients. Recommended for teens (especially boys). SB

Real Food Real Fast

Sam Stern

Walker Books 2006

ISBN 140630249X

This is the second cookbook from teenager Sam Stern and it's an excellent way to get teens (and anyone else new to the joys of preparing good food) cooking in the kitchen. Sam and his family and friends are seen shopping, preparing and eating some great, mostly healthy, and not-too-tricky food, and showing that the whole process can involve a few laughs along the way. Tabs divide the book into timeslots indicating how long it should take to prepare. Photos of the food and those enjoying it are a lively addition. The language is young Brit but we've all been prepared for this by Jamie Oliver and Sam makes a fine youthful successor, sure to encourage teens and others to have fun in the kitchen. Ages 12+. CB

Fairy Tale Feasts: A Literary Cookbook for Young Readers & Eaters

Tales by Jane Yolen, recipes by Heidi E.Y. Stemple, ill.

Philippe Béha

Crocodile Books 2006

HB ISBN 139781566566438

This compendium of 20 classic folktales and 26 recipes is divided into five sections: breakfasts, lunches, soups, dinners and desserts. Choose from Perfect Porridge, Stone Soup, Red Riding Hood's Picnic Basket, Cinderella's Pumpkin Tartlets or maybe Runaway Pancakes – share the story and then prepare a simple feast. Jane Yolen has also included extra notes on the origins and variations of each tale. Heidi Stemple's easy-to-follow recipes also include an equipment list, number of servings, with variations on the recipe and serving hints. Recommended for all ages. KA

A taste of the literary...

An astonishing number of cookbooks have been published featuring recipes inspired by children's stories and characters, the following list is just a small sample. Some may be difficult to track down – but worth the effort!

Cooking with Asterix; recipes by Marie-Christine Crabos, ill. Albert Uderzo; Revette 1992; ISBN 1853044555

Farmyard Tales Children's Cookbook; Fiona Watt, ill. Stephen Cartwright & Molly Sage, recipes by Catherine Atkinson et al; Usborne Publishing 2002; Hb ISBN 0746047452

My Little House Cookbook: Adapted from the Little House Books; recipes by Amy Cotler, ill. Holly Jones; HarperCollins 1996; Hb ISBN 0060242965

The Little Women Book: Games, Recipes, Crafts and Other Homemade Pleasures; Lucille Recht Penner, ill. Diane deGroat; Random House 1995; ISBN 0679874054

The Louisa May Alcott Cookbook; Gretchen Anderson, ill. Karen Milone; Little Brown and Company 1985; Hb ISBN 0316039519

Mary Poppins in the Kitchen: A Cookery Book with a Story; PL Travers & Maurice Moore-Betty, ill. Mary Shepard; HarperCollins 2006 (first published by Collins 1977); Hb ISBN 0152060804

Once Upon a Time in the Kitchen: Recipes and Tales from the Children's Classics; Carol Odell, ill. Anna Pignataro; Citrus Press 2005; ISBN 0975102338

The Pooh Cook Book; Katie Stewart; Methuen 1979; ISBN 0416883605

Pooh's Tasty Smackerels; Methuen 1997; ISBN 0416194729

Roald Dahl's Revolting Recipes; recipes by Josie Fison & Felicity Dhal, ill. Quentin Blake; Red Fox 1997; ISBN 0099263076

Roald Dahl's Even More Revolting Recipes; recipes by Lori-Ann Newman, ill. Quentin Blake; Red Fox 2002; ISBN 009941712X

The Wizard of Oz Cookbook: Breakfast in Kansas, Dessert in Oz; Sarah Key, et al; Abbeville Press 1993; ISBN 1558595821

Wombat Stew Cookbook; Marcia Vaughan, ill. Pamela Lofts; Scholastic 1992, 2006; ISBN 186504945X